# Chelsea McQueen

Chelsea McQueen is a Black queer author, scholar, and activist based in Nashville, TN. She is pursuing freedom for herself and her community.



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## A Spell to Break Your Chains

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After Alexis Pauline Gumbs

## I.

## Dig through the cool soil,

Tear your nails on rock and wood, Make a place for yourself beneath the roots. Rest. Keep what you find there.

## II.

Throw off the shrouds
Others have placed on your shoulders.
Feel the breeze on your skin
Let the gusts move you.

#### III.

Make peace with the sea and sky, As dark, wild, and unknown as you. Plunge into their depths, And release the need to be found.

## IV.

Speak freely, drink deeply. Unravel the cutting binds And float, untethered. Reclaim who you were Before others told you Who you were not.